

Meeting Roster:		
7th Sept	Chairperson Registration Fellowship Invocation BTB Scribe	Des Phillips Harold Watson and Dallas Andrew Max Wade John Castle Geoff Pettifer Athol Jones
14 th Sept	Chairperson Registration Fellowship Invocation BTB Scribe	Scott Rossetti Viv Braham John Teychenne Stephen Chalmer John Teychenne Chris O'Kane
21 st Sept	Chairperson Registration Fellowship Invocation BTB Scribe	Max Wade "Arthur" MacPherson Harold Watson John Teychenne John Castle Jim Pennell

Committees:					
Club Service		Rob McKimm, Bernard Goss, Viv Braham Chris O'Kane, Scott Rossetti, John Teychenne			
New Generations		Michel Page, Dallas Andrew, Peter Kluge, Les Jackson, Arthur McPherson, Jim Pennell			
Vocational Service		Des Phillips, Shane Chilcott, Hugo Huygens, Kevin Ridgeway, Harold Watson, John Castle			
Community Service		David Hollands, Ron Gregory, Eddie Graham, Gary Gray, George Porter, Brendan Walker			
International Service		Leo Morrissey, Geoff Pettifer, Max Wade, Di Rowarth, Doug Dyer, Athol Jones			
Secretary	Brian Norris	Treasurer	Trevor Watt	Sergeants at Arms	Ron Gregory Stephen Chalmer John Castle
NOTE: Board Meetings are held on the 2nd Tuesday of each month					

Meals on Wheels Roster:	
25 th Sept	Eddie Graham, Ron Gregory, David Hollands, Hugo Huyens
26 th Sept	Les Jackson, Athol Jones, Peter Kluge, Rob McKimm

Deleted: <sp><sp><sp>
Column Break
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For your diary

- September 7 Craig Felstead- Principal, Sale College, Senior school
- September 14 Judith Cowden- Appeal Co-coordinator CGHS
- September 21 Michael Young , Co-coordinator Gippsland Art Gallery , Sale
- September 28th NOTE: Centenary House visit / Our Henna to talk
- October 12th District Governor meet @ at Growmaster Nursery
- October 21-22 Go Youth Mt Hotham
- October 30-31 Sale-Lake Tyers and return bike ride in aid of Sale Hospital
- November 16th Wine and cheese night
- November 27th Combined clubs ball
- Personal birth days** Athol Jones 21st Sept, Kevin Ridgeway Sept 3,
- Rotary birthdays** David Hollands Sept 9th, Brendan Walker Sept 7,
- Anniversaries** Athol Jones Sept 9th

Sale Central Rotary Club Meeting 1337

August 7th 2004

**Rotary International President – Glen. E. Estess
District Governor - David Loudon
Wellington District Governor - Rob Noble
Club President John Mowat – 51 446487
Club Secretary Brian Norris – 51 430230**

Invocation

**For good food, good fellowship
and the opportunity to serve through Rotary, we give thanks Amen.**

The 4 way test

**Is it the truth?
Is it fair to all concerned?
Will it build better friendships?
Will it be beneficial to all concerned?**

**Club Address : PO Box 79, Sale, Vic 3853
Meets Tuesday, 6:15 for 6:30 at 'The Armadale' Desailly Street, Sale
Apologies by Noon on day of meeting - Phone 51 44 30 58**



CELEBRATE
ROTARY

100 Years

Last meeting – August 31st

President John

- The club welcomed Kerrie Schmidt to the club as a permanent member
- John spoke briefly about the forth-coming combined clubs ball.
- The meeting welcomed Rob and Virginia Parry as guests.

Behind The Badge- Trevor Watt

Born in Leon gatha where he was educated at Leon gatha High School. As a young adult he went over seas for 2 years, and then returned home to attend teacher training. It was about that time, that Liz appeared “on the scene”. Trevor was flat broke, and convinced her to take him to NZ for a holiday, and now 25 years later he still paying it! After becoming a teacher he taught in Melbourne, Clayton, and Dan denong. Trevor as a teacher could not wait for promotions so he and Liz bought into a newsagency in

Morwell. In 1987 he joined Hazelwood Rotary, and the year before he was to become the president, he sold the business. So on afterwards he bought Jim and Jan Pennell’s business and moved to Sale. After 12 years living in Sale, and now that his kids have “passed on”, Trevor and Liz are enjoying a life of their own.

Emily Renason’

O,Kane-spoke on her trip to Japan. Emily attended a function that had 46 country representatives at the Asia Pacific “conference /thing”. She had to fill out an application form explaining what she would do in Japan, after which she was placed on a short list to be interviewed by her Japanese teacher. She later had an interview at Monash University (“where he Dad went when he was younger”,

but still got best) She soon after learnt that she was to be selected to go to Japan and she “ran 3 times around the room” in surprise. Emily was to have 2 full weeks and a day in Japan,

Whilst travelling she had a stay in Hotel where the above tenants were very noisy! Emily banged on the ceiling with a broom, and it turned out that the above room was occupied by the **Australian cricket team!** So out came her autograph book. She then went on to 2 camps of three days each. Emily then stayed with her with her Japanese host family.

Les and Mary Jackson and Peter Kluge

Les Jackson, spoke on behalf of the touring group. It was about 5 years ago that Les and Mary toured Nepal and they thought it was the most beautiful place on earth. They have since returned 2 more times. In 2002, they did travel to Imboshi, that has an altitude of 3875m. They wondered what it would be like to go higher! They had met Japanese people who had been to Mt Everest Base camp. Before leaving for the trip, they vowed to do some training. (Mt Hotham and Mt Feathertop) with Peter and Les doing some bike riding, but they felt that they were “under done”

They had pre booked the trip with a person whom they had never met, and he kept saying in his emails, are you right for a accommodation, but they felt that they would get something when they got there. They had selected a hotel on the Internet. After getting to they found the hotel, and it would have to be a half a star! They later found the tour guide who found them a better hotel for less price. So their “rip off” “fears were well founded”

They then headed off to get a plane trip to? But the air strip was clouded over making it unsuitable for landings. After waiting 3 hrs, they got a flight. After some time in the air, Peter surprised fellow travellers saying they were lost! They arrived at “Luckla”? (2800ft) with their guide. They had the use of porters who were 38 years old and had 6 kids each.

From "Luckla" you descend down to the river to . Nanchi bazaar, (3450 m) This is the place where the Tibetans use to sell the ir

goods, produce and crafts. The next challenge was crossing a suspension bridge where one could see “all these people above”, then you realise that is where “**we are going**”. Mostly after noon it would rain or snow, and on that day it rained. Les felt better than 2 years ago where he did the same. It was mentioned that Blue roofing must be cheap as 3 out of 4 places had a blue roof. The construction of all buildings seemed to be the same. Stone laid without mortar and heavy duty window and door frames. Mary developed a good idea of boiling water then taking it to bed at night to be used as drinking water the next day. The accommodation at Nachi was like a motel. They then had a rest day set-up by the “sardist bugger” guide. He felt that they should go for a climb on the rest day. The climb was on a 45 degree angle to the “Everest rest arms”. Where they visited a school that was established by Edmund Hilary, then went back to “Tananshi” 6 hours later.

Day 4
Trip to **Temboshi**, First started climbing steep descent of 400m then a climb upwards of 600 m. They meet some people at the end of the 400 m decent that were supposed to turn off, but they didn't, and they were carrying their own packs! On the way Les actually passed someone! He got close to him, and the climber said that he was crook with a stomach problem. Les continued rock sitting to **Tambushi**, Peter and Mary were already there. The group were taking drugs for altitude sickness. The drugs also helped to “flush out your system”. The snow then was approx 50cm. The village was where they have host Buddist festivities. It was the place where the 50th anniversary of the Everest climbs was held.

Nest stop (4200m) “**Verashay**”, where Les can now say that he has been knocked down by a Yak.

They arrived at “**Persahay**” where they had another rest day. They got up the next day to an “Omeo frost”. So at 8am they went climbing. Peter went on with the guide Romishm and Les and Mary had a rest day (day sex).

Next day, “**Lavershay**” Peter lost his gloves! They later found that the at that height, there is less pressure in the air, but the air is still in the same quantity. They soon afterwards went to a talk on altitude sickness. They learnt about the two types, cerebral type where your brain cavity fills up with liquid, and the pulmonary where your chest fills up with liquid, either way, you in trouble. The team had made an arrangement, if one gets crook, the others will push on. It was discovered that Les had better saturation levels than Peter and Mary. The low 90s is very good. At **Lavashay**, viewing the pictures it is clear the vegetation is gone. They arrived at **Lavashay** and took second best in accommodation. After having a meal they had to drink vast quantities of water because you are supposed to drink 3-5 litres a day! They had a good meal, a game of cards then off to bed.

The next day Mary said that she could not sleep last night! “I have a big headache and I am nauseous”. So a decision had to be made, Mary would go down, the mountain and Peter and Les would continue on. Mary headed down with one of the porters. It was a lovely sunny morning for the first time! The remaining team got to the next level, except Peter who forged to Mt Everest Base camp.(5,500 M)
Peter stated that his purpose for the trip was get to base camp. Peter has never been so exhausted because of the lack oxygen weakens your muscles. His muscles felt like lead. However, the scenery was unbelievable and outweighed all the pain.

Peter described the views as he was getting closer to the base camp, a helicopter that crashed at the base camp, Peter said that he felt like stopping at every rock.

Base Camp

Over 300 tents, over 20 Mt Everest expeditions all going at once. The visitors did leave

all their rubbish, but now all waste must be taken off the mountain. Peter thought the base camp was huge approximately. Peter briefly talked to an American person who was checking to see if the Base camp helicopters had moved. It was learnt that the climber had been to 18,000ft.

Peter then descended to base camp, after regaining his strength.

Peter mentioned how that had seen a Swiss expedition, (no gear, no porters, and no oxygen) The American had 30 porters, 8 climbers, and 30 tons of equipment.!

It was here that Peter had his most embarrassing moment. (eg: no vegetation, and hundreds of climbers close by.

Peter then descended to greet Les and next day to meet Mary. The next day, where Les and Peter then climbed 350 m to **Kalipata** Peter forged on but Les had problems with his boots and his porter had to assist him.

Les soon discovered blood in his sputum, so he felt that he

“would give it way”. However a Japanese person then congratulated Les of his ascent. (Les did not have the heart to tell him) He thought that he had climbed to 3400 ft. and that Mt Everest was 18000 ft. He should be happy. Most Photos of Mt Everest are taken from Kalipata where he was based to.

Upon the descent, Les was spoken to by a Himalayan climber who said that Mary was now OK.

The Himalayan was at the Altitude sickness lecture some days ago, and remembered Les and Mary.

Mary had recovered in the 600 metres of descent, **such is altitude sickness.**

Mary and Les were soon re-united at Perisahy. and spent the night there.

Treasurer's report

The last meeting collected \$14.75 in loose change and \$42.00 in fines

John Teychenne, Editor Mob 0417 356 325 jteych@bigpond.net.au